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<div><div>Shopping to Riverhead Stores w/ Shuttle Buses Every Tuesday</div><div>Shopping in Hampton Bays Every Wednesday w/ Shuttle Buses</div><div></div></div>	<div><div>Computers and Tablets are available for your use daily in the center</div></div>	<div><div>1 Four Cheese Baked Ziti 10:30 Nutrition Discussion 10:45 Stretch & Tone</div><div>CANADA DAY TRIVIA<div></div></div></div>	<div><div>2 Orange Glazed Salmon 10:00 Shell Painting w/ Stella</div><div>10am -12pm OPERATION MEDICINE CABINET-Bring in old medications to be properly disposed of....</div><div>UNCLE SAM SING ALONG<div></div></div></div>	<div><div>3 CENTER CLOSED INDEPENDENCE DAY</div><div></div></div>
<div><div>6 Mild White Chicken Chili 10:30 WORK IN THE GARDEN 10:30 Chair Yoga 10:30 Line Dancing for Everyone 1:00 Line Dancing</div><div>Bring A Friend Day- Let's Show off our Center!<div></div></div><div>FOURTH OF JULY WORD SEARCH<div></div></div></div>	<div><div>7 Root Beer Glazed Pork Loin 10:00 Drawing w/ Bill 10:00 Operation Visit A Friend 10:00 Knitting & Crocheting 10:15 Walking Club –Red Creek Park 10:30 Pet Therapy w/ Angel</div></div>	<div><div>8 Sliced Turkey & Muenster 10:30 Nutrition Discussion 10:30 Site Council Meeting 10:45 Stretch & Tone</div><div>6:00- Grandparents Raising Grandchildren Support Group HBSC (dinner served @ 6pm meeting 6:30-8pm)</div></div>	<div><div>9 Parmesan Crusted Cod Fish 10:00 Shell Painting w/ Stella 11:00 Let's Go Fly a Kite-Kite Making! 12:45- Movie- "And So It Goes" (NO BINGO) 3-5pm SAGE East End Mingle-HBSC</div><div></div></div>	<div><div>10 Eggplant Parmesan 9:00 SCOFA Advocate-Frank Masterson 10:30 Coffee & Conversation 10:30 Country Line Dancing for everyone</div><div>Name that Outlaw<div></div></div></div>
<div><div>13 BBQ Pulled Pork on a Bun 10:30 WORK IN THE GARDEN</div><div>BLUEBERRY PANCAKE DAY served between 8am-10am in honor of National Blueberry Month</div><div>10:30 Chair Yoga 10:30 Line Dancing for Everyone 1:00 Line Dancing</div></div>	<div><div>14 Spaghetti & Meatballs 10:00 Drawing w/ Bill 10:15 Walking Club – East Quogue</div><div>Ernest Hemingway's Birthday... a NOVEL discussion!<div></div></div><div>12:45 Trip to the Local North Fork Farm Stand-Farm Fresh Fruits and Vegetables await!</div></div>	<div><div>15 Brewer's Codfish w/ Tartar 10:30 Nutrition Discussion 10:30 Blood Pressure Screening 10:45 Stretch & Tone</div><div>SUMMER BBQ WORD SEARCH<div></div></div><div>6:00-8:00- Adult Children Support Group HBSC(dinner served @ 6pm meeting 6:30-8pm)</div></div>	<div><div>16 Thin Sliced London Broil 10:00 Shell Painting w/ Stella 11:00 Ring Toss and Shuffleboard 12:45 Bus departs for Gateway Playhouse – "Sister Act"</div><div></div></div>	<div><div>17 Oven Fried Chicken CENTER CLOSED during the day....</div><div>TWILIGHT DINNER - 1940's Black & White Party 3:00-7:00pm</div><div>10:30 Friday @ the Beach<div></div></div><div>2:30- Book Discussion Group- "John Adams" Part 1 Books supplied call 728-1235 to get one!</div></div>
<div><div>20 Salisbury Steak w/ Mushroom Gravy 10:30 WORK IN THE GARDEN 10:30 Chair Yoga 10:30 Line Dancing for Everyone 1:00 Line Dancing</div></div>	<div><div>21 Sesame Chicken 9:30 FAN FOOD-HBSC 10:00 Drawing w/ Bill 10:00 Knitting & Crocheting 10:15 Walking Club – Main Street</div></div>	<div><div>22 Tuna Salad Plate 10:30 Nutrition Discussion 10:45 Stretch & Tone</div></div>	<div><div>23 Spanikopita (Spinach Pie) 10:00 Shell Painting w/ Stella 11:00 Keep Your Mind Sharp Presentation 3-5pm SAGE East End Mingle-HBSC</div></div>	<div><div>24 Linguini & White Clam Sauce 10:00 Horse Racing 10:30 Friday @ the Beach<div></div></div></div>
<div><div>27 Roasted Dijon Herb Marinated Chicken 10:30 WORK IN THE GARDEN 10:30 Chair Yoga 10:30 Line Dancing for Everyone 11:15 Only Joking! 1:00 Line Dancing</div><div></div></div>	<div><div>28 Ham & Egg Salad 10:00 Drawing w/ Bill 4:15 Bus departs for the Shinnecock Star Fishing Trip</div><div></div></div>	<div><div>29 Crab Cake w/ Remoulade Sauce 10:30 Nutrition Discussion 10:45 Stretch & Tone</div><div>12:00- Caregiver's Lunch & Support Group –HB (lunch served @ 12noon meeting 12:30-2pm)</div></div>	<div><div>30 Cheeseburger 10:00 Shell Painting w/ Stella 11:00 – Women's Health Survey w/ Geriatric Nurse Practitioner- Alice Tobin</div></div>	<div><div>31 Angel Hair Pasta w/ Summer Vegetables 10:30 Coffee & Conversation 10:30 Country Line Dancing for everyone 10:30 Friday @ the Beach<div></div></div></div>